**Jilin Medical University**

**Internship Record Book for International Students**

**吉林医药学院**

**留学生实习记录手册**



专 业 Major:

实习时间 Internship Duration:

年 级Grade:

姓 名Name:

学 号Student Number:

国际教育学院制

Designed by the College of International Education

|  |
| --- |
| 照片  Photo |

**说 明**

1. 留学生实习记录手册是总结和检查实习工作的重要记录，应用黑色钢笔或碳素笔认真填写。
2. 此手册在每科实习结束前2日由实习生本人填写好，然后交带教老师填写评语。带教老师应根据实习生在本科实习期间的具体表现实事求是地写出评语。
3. 此手册复印无效，由实习生本人妥善保存，一旦遗失，及时向本院系如实反映情况，并按有关规定补领新手册，实习全部结束时由实习生交回，并由学院作出鉴定。
4. 留学生实习记录手册由有关院系负责审核、存档。
5. 各个科室实习时间：内科16周；外科16周；妇产科6周；儿科6周；神经内科2周；全科医学2周；总计48周。
6. 联系方式：电话：0086—0432—64560585， 传真：0086—0432—64560351

电子信箱：544463653@qq.com，1107713393@qq.com

**Instructions**

1. The Internship Record Book for International Students serves as an important tool for the internship evaluation. All required fields are to be filled by means of a fountain pen or carbon pen.
2. The Internship Record Book should be filled in by the intern him/herself and submitted to the supervising teacher to have the Intern Performance Record and the Supervisor’s Comments filled in. Supervisors should write an evaluation based on the intern’s actual performance during the practice period．
3. Any copies of this Internship Record Book for International Students are invalid and the intern should keep it on a safe place. In case the Book is lost, it should be reported to the College of International Education, in order to obtain a replacement. Interns have to submit the Book upon completion of the internship for final evaluation.
4. The Internship Record Book for International Students will be checked and kept by the institute or department concerned.
5. Practice duration for each department: Surgery: 16 weeks, Internal Medicine: 16 weeks, Obstetrics and Gynecology:6 weeks, Pediatrics:6 weeks, Neural Medicine: 2 weeks, General practice:2 weeks, with a total of 48 weeks.
6. Contact: Tel: 0086—416—64560585， Fax: 0086—0432—64560351

Email:  544463653@qq.com，1107713393@qq.com

**吉林医药学院国际教育学院**

**《留学生实习记录手册》填写、使用管理办法**

**(适用于本科临床医学专业)**

1.《留学生实习记录手册》是记录学生实习成绩的重要档案，实习生应严格管理、妥善保存。

2.《留学生实习记录手册》必须粘贴本人近期彩色照片，由管理部门加盖骑缝章方为有效。

3.《留学生实习记录手册》由实习生个人负责保管，轮转出科时交带教老师给予鉴定并签字。

4.《留学生实习记录手册》遗失后，应由学生本人立即写出书面申请(含个人基本情况、已实习过科室、遗失经过等说明)，经实习带教老师签字证明，交与国际教育学院教务科保管存档并领取新手册，在新手册中如实填写。

5. 各科室实习结束，带教老师应根据学生实际实习情况，在《留学生实习记录手册》中客观地进行打分。为确保实习成绩的真实性，实习医院应定期对实习生进行考核。

6. 实习结束后，由实习医院在《留学生实习记录手册》上加盖公章后实习生带回交国际教育学院教务科审核、存档。

7. 实习生所在科室的带教老师应填写下列内容：

1. 实习表现记录：按照评价标准，每项1-15分。每项都应有带教老师的签字。
2. 病种记录和临床技能记录：实习生实际操作、观看或研究某项疾病或临床技能

后，带教老师应当在疾病或临床技能后面签字。

1. 带教老师评语：带教老师应当对实习生在相关科室的表现进行综合评价。
2. 考勤记录：带教老师应当提供下列情况的记录：病假、请假、迟到早退。
3. 分数：实习表现记录和带教老师评语上应加盖公章。

8. 实习生应填写下列内容：实习报告

**College of International Education of Jilin Medical University**

**How to Fill in and Use the “Internship Record Book for International Students”**

**(Use for Undergraduate Students)**

1. The Internship Record Book for International Students serves as an important tool for the internship evaluation. It should be kept by the intern on a safe place.
2. A recent color photo of the intern should be attached on the front page of the Internship Record Book for International Students and it should be stamped with an official seal of the management department in order to be valid．
3. The Internship Record Book for International Students is to be kept by the intern and must be submitted to the supervising teacher for evaluation and signature once the practice in a certain department is completed.
4. In case the Internship Record Book for International Students is lost, the intern should apply for a new one in written form (containing personal information, practice duration and explanation for the loss) and submit the application to the Academic Affairs Office of the College of International Education with the signature of the supervising teacher.
5. Supervising teachers should evaluate objectively according to the intern’s performance when the internship in a certain department has been completed. In order to guarantee the correctness of the evaluation, the teaching hospitals are asked to regularly carry out inspections.
6. The Internship Record Book for International Students should carry an official seal of the teaching hospital for it to be valid. After completion of the entire internship period it shall be submitted to the Academic Affairs Office for final evaluation.
7. The following parts have to be filled out by the supervisor of each department where the intern completed his/her internship:

A. Intern Performance Record: Marks ranging from 1-15 for each item on the record based on the evaluation criteria. Every item requires the supervisor’s signature.

B. Record of Diseases and Record of Clinical Skills: Once the intern has performed, witnessed or studied a mentioned disease or clinical skills, the supervisor is required to sign off next to the disease or clinical skill.

C. Supervisor’s Comments: The supervisor is required the give an overall evaluation of the intern’s performance in the department concerned.

D. Attendance Record: The supervisor is required to provide the number of occurrences for the following cases: sick leave, leave of absence, being late and early leave.

E. Remark: An official stamps or seal is required on the Intern Performance Record (bottom) and on the Supervisor’s Comments.

8. The following part has to be filled out by the intern: Internship Report.

**1.INTERNAL MEDICINE**

**实习病种记录表（内科学）**

**Record of Diseases (Internal Medicine)**

|  |
| --- |
| **呼吸内科** |
| **基本掌握疾病 Diseases to be mastered Supervisor’s signature** |
| 慢性阻塞性肺病 Chronic obstructive pulmonary diseases |
| 肺气肿及肺心病Pulmonary emphysema & pulmonale |
| 肺炎 Pneumonia |
| 胸膜炎 Pleuritis |
| **一般了解的疾病 Diseases to be understood Supervisor’s signature** |
| 支气管扩张 Bronchiectasis |
| 肺化脓症 Lung suppuration |
| 肺癌 Lung cancer |
| 院内感染 Nosocomial infectious disease、infection |
| 病毒性上呼吸道感染 Upper respiratory viral infections |
| 肺栓塞症 Pulmonary embolism |
| 败血症 Hematosepsis |
| **循环内科** |
| **基本掌握疾病 Diseases to be mastered Supervisor’s signature** |
| 急性左心衰Acute left heart failure |
| 慢性心功能不全 Chronic heart failure |
| 高血压Hypertension |
| 冠心病 Coronary heart disease |
| 心律失常 Arrhythmia |
| 心脏瓣膜病 Valvular heart disease |
| 感染性心内膜炎 Infective endocarditis |
| **一般了解的疾病 Diseases to be understood Supervisor’s signature** |
| 心肌炎、心包炎、心肌病 Myocarditis pericarditis cardiomyopathy |
| 败血症Hematosepsis |
| **消化内科** |
| **基本掌握疾病 Diseases to be mastered Supervisor’s signature** |
| 消化性溃疡 Peptic ulcer |
| 肝硬化及并发症 Liver cirrhosis & complications |
| 消化道出血 Digestive tract bleeding |
| 炎性肠病Inflammatory bowel disease |
| 细菌性痢疾 Bacillary dysentery |
| 胃癌Gastric cancer |
| 大肠癌 [Large intestine cancer](https://fanyi.so.com/" \l "large%20intestine%20cancer" \t "_blank) |
| **一般了解的疾病 Diseases to be understood Supervisor’s signature** |
| 胃炎 Gastritis |
| 胃食管返流症 Gastroesophageal reflux disease(GERD) |
| 肝癌 Hepatocellular carcinoma |
| 肠结核 Intestinal tuberculosis |
| 黄疸鉴别 Differentiation of jaundice |
| 病毒性肝炎 Viral hepatitis |
| 一氧化碳中毒 Carbon monoxide poisoning |
| 有机磷中毒 Organophosphate poisoning |
| 败血症 Hematosepsis |
| **内分泌血液内科** |
| **基本掌握疾病 Diseases to be mastered Supervisor’s signature** |
| 缺铁性贫血 Iron deficiency anemia |
| 再生障碍性贫血 Aplastic anemia |
| 白血病 Leukemia |
| 甲亢 Hyperthyroidism |
| 糖尿病 Diabetes mellitus |
| **一般了解的疾病 Diseases to be understood Supervisor’s signature** |
| 血小板减少性紫癜 Thrombocytopenic purpura |
| 甲状腺功能低下Hypothyroidism |
| 库欣综合症 Cushing syndrome |
| 败血症 Hematosepsis |
| **肾病风湿科** |
| **基本掌握疾病 Diseases to be mastered Supervisor’s signature** |
| 尿路感染（肾盂肾炎）Inflammatory bowel disease &pyelonephritis |
| 慢性肾功能不全 Chronic renal failure |
| 肾病综合征 Nephroticsyndrome |
| 系统性红斑狼疮 Systemic lupus erythematosu |
| 类风湿性关节炎 Atrophic arthritis |
| **一般了解的疾病 Diseases to be understood Supervisor’s signature** |
| 肾小球肾炎Glomerulonephritis |
| 脊柱关节炎 Vertebral column arthrositis |
| 成人 Still’s 病 Adult Still’s disease |
| 败血症 Hematosepsis |
|  |
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**实习操作技能记录（内科学）**

**Record of Clinical Skills (Internal Medicine)**

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| --- |
| **呼吸内科** |
| **基本掌握 Procedures to be mastered Supervisor’s signature** |
| 病历书写 Medical history writing |
| 系统查体 Systematic physical examination |
| X 系统阅片及报告书写X-ray Interpretation of X-ray and report writing |
| 胸穿 Thoracocentesis |
| 动脉血气分析(取血）Arterial blood gas analysis (arterial blood) |
| 给 氧 Oxygen administration |
| **一般了解 Procedures to be understood Supervisor’s signature** |
| 气管内窥镜 Bronchoscope |
| 皮内注射Intradermic injection |
| 吸痰 Sputum collction |
| **循环内科** |
| **基本掌握 Procedures to be mastered Supervisor’s signature** |
| 病历书写 Medical history writing |
| 系统查体 Systematic physical examination |
| 心电图 EKG |
| 心肺复苏Cardio-pulmonary resuscitation |
| **一般了解 Procedures to be understood Supervisor’s signature** |
| 介入治疗 Interventional therapy |
| **消化内科** |
| **基本掌握 Procedures to be mastered Supervisor’s signature** |
| 病历书写 Medical history writing |
| 系统查体 Systematic physical examination |
| 腹穿 Abdominal paracentesis |
| **一般了解 Procedures to be understood Supervisor’s signature** |
| 洗胃 Gastrolavage |
| 胃镜 Gastroscope |
| **内分泌血液科** |
| **基本掌握 Procedures to be mastered Supervisor’s signature** |
| 病历书写 Medical history writing |
| 系统查体 Systematic physical examination |
| 骨穿Bone marrow puncture |
| 肌肉注射Intramuscular injection |
| **一般了解 Procedures to be understood Supervisor’s signature** |
| 皮下注射 Subcutaneous injection |
| **肾病风湿科** |
| **基本掌握 Procedures to be mastered Supervisor’s signature** |
| 病历书写 Medical history writing |
| 系统查体 Systematic physical examination |
| 静脉穿刺 Intravenous injection |
| **一般了解 Procedures to be understood Supervisor’s signature** |
| 导尿 Urethral catheterization |
|  |

**内科学 Internal Medicine**

**实习医院名称Name of Teaching Hospital:**

**实习时间Internship Duration 自From (yyyy/mm/dd)\_\_\_\_\_\_\_\_\_\_\_ 至to (yyyy/mm/dd)\_\_\_\_\_\_\_\_\_\_\_\_**

**实习小结：Internship Report**

年Y / 月M / 日D

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **实习成绩考核记录** | | | | | |
| **Intern Performance Record (Internal Medicine)** | | | | | |
| 考核项目 | 要求 | 标准 | 扣分标准 Evaluation criteria | 得分 | 教师签字 |
| Item | Requirements | Standard | Mark | Signature |
| 病历书写 | 字迹清楚 语言通顺 层次分明 重点突出 | 10 | 语言不通扣1-5分;层次不分,重点不突出扣1-5分.  Fluency:1-5;  Ability to make key points clear:1-5 |  |  |
| Writing medical records | Fluency,  Clear key points |
| 查体 | 姿势正确 顺序正规 手法熟练 完整准确 | 15 | 姿势不正规扣1-5分;无顺序,手法不熟练扣1-5分;有遗漏不准确扣1-5分.  Posture:1-5;  Procedure:1-5;  Accuracy:1-5 |  |  |
| Physical examination | Proper postures, Right procedures, Skillful performance |
| 病历分析 | 表达清楚 分析有序 抓住重点 诊断处理正确 | 15 | 表达分析层次不清扣1-5分;抓不住重点扣1-5分;诊断处理欠正确扣1-5分.  Clear and logical analysis:1-5; Right diagnosis:1-5;  Correct treatment plan: 1-5 |  |  |
| Analyzing medical records | Clear expression, Logical analysis, Proper diagnosis Treatment plan |
| 临床基本 技能操作 | 熟练准确 正规迅速 | 15 | 不熟练扣1-5分;欠准确或不准确扣1-5分;不迅速扣1-5分.  Proficiency: 1-5;  Accuracy: 1-5;  Speed: 1-5 |  |  |
| Basic clinical skills | Accurate, skilled and fast |
| 口试 | 回答正确 概念清楚 表达有条理 | 15 | 回答不正确扣1-5分;概念不清楚扣1-5分;表达能力差扣1-5分.  Correctness: 1-5;  Understanding ability:1-5;  Logical expression:1-5 |  |  |
| Oral tests | Correct answers, clear understanding of concepts, logical expression |
| 职业道德 | 尊敬老师 爱护患者 文明礼貌 遵守纪律 | 15 | 不尊敬教师扣1-5分;对病人不关心不爱护扣1-5分；不遵守纪律不文明礼貌扣1-5分.  Attitude towards supervisors;1-5;  Attitude towards patients:1-5; Discipline and manners:1-5 |  |  |
| Ethics | Respect towards medical staff, care for patients, good manners  good discipline |
| **Total Marks** | | | | | |

**教研室主任签字 Signature of Supervisor: 盖章Stamp**

**科室意见Supervisor’s Comments**

**主任签字Supervisor’s Signature**:

日期Date:  
 盖章Stamp

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**考勤情况（由带教教师纪录）**

Attendance Record (to be filled in by supervisor)

病假 事假 迟到 早退

Sick leave Leave of absence Being late Early Leave

Number:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**2.SURGERY**

**实习病种记录表（外科学）**

**Record of Diseases (Surgery)**

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| **基本掌握疾病 Diseases to be mastered Supervisor’s signature** |
| 水、电解质代谢紊乱和酸碱平衡失调Water and electrolyte metabolism disorder and acid-base balance disorder |
| 输血Blood transfusion |
| 外科休克Surgical shock |
| 麻醉前处理Evaluation before anesthesia |
| 麻醉前对病人的用药Administration of drugs before anesthesia |
| 局部麻醉Local anesthesia |
| 椎管内麻醉Intravertebral anesthesia |
| 疼痛治疗Pain management |
| 围术期处理Perioperative management |
| 外科病人代谢及营养Metabolism and nutrition of surgical patients |
| 外科感染Surgical infection |
| 一般外伤Common trauma |
| 肿瘤Tumor |
| 颅内压增高和脑疝Increased intracranial pressure and cerebral hernia |
| 颅内和椎管内肿瘤Intracranial and intraspinal tumors |
| 甲状腺疾病Diseases of thyroid gland |
| 乳腺疾病Diseases of the breast |
| 胸外伤Chest trauma |
| 胸壁胸膜疾病Chest wall pleural disease |
| 心肺疾病Cardiopulmonary disease |
| 食管疾病Esophageal diseases |
| 腹外疝Abdominal hernia |
| 急性化脓性腹膜炎Acute pyogenic peritonitis |
| 胃、十二指肠溃疡并发症Complications of peptic ulcer |
| 肠梗阻Intestinal obstruction |
| 阑尾炎Appendicitis |
| 胆囊结石、胆囊炎Cholecystitis & cholecystolithiasis |
| 胰腺疾病Diseases of the pancreas |
| 原发性下肢静脉曲张Varicose vein of the lower extremity |
| 肝胆疾病Liver disease |
| 急腹症Acute abdominal pain |
| 泌尿系感染Infection of the urinary system |
| 前列腺炎Prostatitis |
| 泌尿系结石Urinary system calculus |
| 尿路梗阻Urinary tract obstruction |
| 常见骨折、脱位Common fracture and dislocation |
| 腰椎间盘突出症Lumbar protrusion |
| 运动系统慢性损伤Chronic injury to the sports system |
| 颈腰椎退行性疾病Degenerative diseases of the cervical and lumbar spine |
| 骨与关节化脓性感染Suppurative infection of bone and joint |
| 骨与关节结核Tuberculosis of bone and joint |
| 骨肿瘤Bone tumors |
|  |
| **一般了解疾病 Diseases to be understood Supervisor’s signature** |
| 全身外科感染General surgical infection |
| 胆管结石、胆管炎Calculus of bile duct & cholangitis |
| 胆管结石、胆管炎Diseases of the anus |
| 腹部闭合性损伤Abdominal closed injury |
| 胃癌Gastric carcinoma |
| 肝癌Hepatic carcinoma |
| 结、直肠癌 Colorectal carcinoma |
| 下肢动脉硬化闭塞症Arteriosclerosis obliterans of the lower extremity |
| 深静脉血栓形成Deep vein thrombosis |
| 门脉高压症Portal hypertension |
| 关节结核Tuberculosis of the joint |
| 泌尿系损伤Injury of the urinary system |
| 附睾炎Epididymitis |
| 急性肾衰Acute renal failure |
| 颈肩痛、腰腿痛Cervix and shoulder pain & low back pain |
| 脊柱结核Tuberculosis of the spinal column |

**实习操作技能记录表（外科学）**

**Record of Clinical Skills (Surgery)**

|  |
| --- |
| **基本掌握Procedures to be mastered Supervisor’s signature** |
| 病历书写Writing medical histories |
| 外科查体Surgical examination |
| 刷手戴手套穿手术衣Scrubbing, putting on gloves and gown |
| 消毒皮肤Skin disinfection |
| 铺消毒单Sterile drape of the operative site |
| 直肠指诊Digital rectal examination |
| 切皮Incision |
| 止血Haemostasis |
| 缝合Suture |
| 打结Knot tying |
| 胃肠减压Nasogastric suction |
| 换药Dressing change |
| 拆线Suture removal |
| 导尿Urethral catheterization |
| 参加麻醉例数Participation in anesthesia |
| 麻醉记录单书写Anesthesia record writing |
|  |
| **一般了解Procedures to be understood Supervisor’s signature** |
| 透光试验Transillumination testing |
| 阅片X-ray interpretation |
| 局麻Local anesthesia |
| 伤口引流Wound drainage |
| 伤口包扎Wound dressing |
| 静脉切开Venipunture |
| 皮肤牵引 骨牵引Skin traction and bone traction |
| 夹板Splint |
| 石膏绷带Plaster bandage |
| 灌肠Enemas |
| 搬运病人Transporting patients |
| 全麻General anesthesia |
| 腰麻Spinal anesthesia |
| 气管内插管Endotracheal intubation |
| 全麻、椎管内麻醉Intervertebral anesthesia |

**外科学 Surgery**

**实习医院名称Name of Teaching Hospital:**

**实习时间Internship duration自From (yyyy/mm/dd)\_\_\_\_\_\_\_\_\_\_\_\_ 至to (yyyy/mm/dd)\_\_\_\_\_\_\_\_\_\_\_\_**

**实习小结：Internship Report**

年Y / 月M / 日D

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **实习成绩考核记录** | | | | | |
| **Intern Performance Record (Surgery)** | | | | | |
| 考核项目 | 要求 | 标准 | 扣分标准 Evaluation criteria | 得分 | 教师签字 |
| Item | Requirements | Standard | Mark | Signature |
| 病历书写 | 字迹清楚 语言通顺 层次分明 重点突出 | 10 | 语言不通扣1-5分;层次不分,重点不突出扣1-5分.  Fluency:1-5;  Ability to make key points clear:1-5 |  |  |
| Writing medical records | Fluency,  Clear key points |
| 查体 | 姿势正确 顺序正规 手法熟练 完整准确 | 15 | 姿势不正规扣1-5分;无顺序,手法不熟练扣1-5分;有遗漏不准确扣1-5分.  Posture:1-5;  Procedure:1-5;  Accuracy:1-5 |  |  |
| Physical examination | Proper postures, Right procedures, Skillful performance |
| 病历分析 | 表达清楚 分析有序 抓住重点 诊断处理正确 | 15 | 表达分析层次不清扣1-5分;抓不住重点扣1-5分;诊断处理欠正确扣1-5分.  Clear and logical analysis:1-5; Right diagnosis:1-5;  Correct treatment plan: 1-5 |  |  |
| Analyzing medical records | Clear expression, Logical analysis, Proper diagnosis Treatment plan |
| 临床基本 技能操作 | 熟练准确 正规迅速 | 15 | 不熟练扣1-5分;欠准确或不准确扣1-5分;不迅速扣1-5分.  Proficiency: 1-5; Accuracy: 1-5;  Speed: 1-5 |  |  |
| Basic clinical skills | Accurate, skilled and fast |
| 口试 | 回答正确 概念清楚 表达有条理 | 15 | 回答不正确扣1-5分;概念不清楚扣1-5分;表达能力差扣1-5分.  Correctness: 1-5;  Understanding ability:1-5;  Logical expression:1-5 |  |  |
| Oral tests | Correct answers, clear understanding of concepts, logical expression |
| 职业道德 | 尊敬老师 爱护患者 文明礼貌 遵守纪律 | 15 | 不尊敬教师扣1-5分;对病人不关心不爱护扣1-5分；不遵守纪律不文明礼貌扣1-5分.  Attitude towards supervisors;1-5;  Attitude towards patients:1-5; Discipline and manners:1-5 |  |  |
| Ethics | Respect towards medical staff, care for patients, good manners  good discipline |
| **Total Marks:** | | | | | |

**教研室主任签字 Supervisor’s signature: 盖章Stamp**

**科室意见Supervisor’s Comments**

**主任签字Supervisor’s Signature**:

日期Date:  
 盖章Stamp

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**考勤情况（由带教教师纪录）**

Attendance Record (to be filled in by supervisor)

病假 事假 迟到 早退

Sick leave Leave of absence Being late Early Leave

Number:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**3. OBSTRETICS AND GYNECOLOGY**

**实习病种记录表（妇产科学）**

**Record of Diseases (Obstetrics and Gynecology)**

|  |
| --- |
| **基本掌握的疾病名称Diseases to be mastered Supervisor’s signature** |
| 正常分娩各产程的临床观察及处理Normallabor |
| 前置胎盘 placenta previa |
| 胎盘早剥 placental abruption |
| 产后出血 Postpartum hemorrhage |
| 妊娠期高血压疾病 Pregnancy-induced hypertension syndrome |
| 妊娠诊断 Diagnosis of pregnancy |
| 自然流产 Spontaneous abortion |
| 异位妊娠ectopic pregnancy |
| 外阴及阴道炎症 vulvovaginitis |
| 子宫颈炎 cervicitis |
| 子宫内膜异位疾病 endometriosis and adenomyosis |
| 子宫内膜癌 endometrial carcinoma |
| 宫颈肿瘤 Cervical tumor |
| 子宫肿瘤 Uterine tumor |
| 卵巢肿瘤 Ovarian tumor |

|  |
| --- |
| **一般了解的疾病名称Diseases to be understood Supervisor’s signature** |
| 妊娠合并内科疾病Medical internal complication of pregnancy |
| 胎儿窘迫Fetal distress |
| 异常子宫出血 abnormal uterine bleeding |
| 妊娠滋养细胞疾病Trophoblastic disease |

**实习操作技能记录表（妇产科学）**

**Record of Clinical Skills (Obstetrics and Gynecology)**

|  |
| --- |
| **基本掌握诊疗操作名称Procedures to be mastered Supervisor’s signature** |
| 病历书写Medical history writing |
| 妇科查体Gynecological examination |
| 产科查体Obstetric examination |
| 宫颈刮片Cytologibal examination of the cervix |
| 滴虫、霉菌检查Examination of pathogens |
| 胎心监测Fetal heart rate monitoring |

|  |
| --- |
| **一般了解诊疗操作名称Procedures to be understood Supervisor’s signature** |
| 顺产接生Spontaneous delivery |
| 剖宫产Cesarean section |
| 上环Placement of UID |
| 取环Removal of UID |
| 吸宫Artificial abortion |

**妇产科学 Obstetrics and Gynecology**

**实习医院名称Name of Teaching Hospital:**

**实习时间Internship duration 自From (yyyy/mm/dd)\_\_\_\_\_\_\_\_\_\_\_\_至 to (yyyy/mm/dd)\_\_\_\_\_\_\_\_\_\_\_**

**实习小结：Internship Report**

年Y / 月M / 日D

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **实习成绩考核记录** | | | | | |
| **Intern Performance Record (Obstetrics and Gynecology)** | | | | | |
| 考核项目 | 要求 | 标准 | 扣分标准 Evaluation criteria | 得分 | 教师签字 |
| Item | Requirements | Standard | Mark | Signature |
| 病历书写 | 字迹清楚 语言通顺 层次分明 重点突出 | 10 | 语言不通扣1-5分;层次不分,重点不突出扣1-5分.  Fluency:1-5;  Ability to make key points clear:1-5 |  |  |
| Writing medical records | Fluency,  Clear key points |
| 查体 | 姿势正确 顺序正规 手法熟练 完整准确 | 15 | 姿势不正规扣1-5分;无顺序,手法不熟练扣1-5分;有遗漏不准确扣1-5分.  Posture:1-5;  Procedure:1-5;  Accuracy:1-5 |  |  |
| Physical examination | Proper postures, Right procedures, Skillful performance |
| 病历分析 | 表达清楚 分析有序 抓住重点 诊断处理正确 | 15 | 表达分析层次不清扣1-5分;抓不住重点扣1-5分;诊断处理欠正确扣1-5分.  Clear and logical analysis:1-5; Right diagnosis:1-5;  Correct treatment plan: 1-5 |  |  |
| Analyzing medical records | Clear expression, Logical analysis, Proper diagnosis Treatment plan |
| 临床基本 技能操作 | 熟练准确 正规迅速 | 15 | 不熟练扣1-5分;欠准确或不准确扣1-5分;不迅速扣1-5分.  Proficiency: 1-5; Accuracy: 1-5;  Speed: 1-5 |  |  |
| Basic clinical skills | Accurate, skilled and fast |
| 口试 | 回答正确 概念清楚 表达有条理 | 15 | 回答不正确概念1-5分;不清楚扣1-5分;表达能力差扣1-5分.  Correctness: 1-5;  Understanding ability:1-5;  Logical expression:1-5 |  |  |
| Oral tests | Correct answers, clear understanding of concepts, logical expression |
| 职业道德 | 尊敬老师 爱护患者 文明礼貌 遵守纪律 | 15 | 不尊敬教师扣1-5分;对病人不关心不爱护扣1-5分；不遵守纪律不文明礼貌扣1-5分.  Attitude towards supervisors;1-5;  Attitude towards patients:1-5; Discipline and manners:1-5 |  |  |
| Ethics | Respect towards medical staff, care for patients, good manners  good discipline |
| **Total Marks:** | | | | | |

**教研室主任签字 Signature of Supervisor: 盖章Stamp**

**科室意见Supervisor’s Comments**

**主任签字Supervisor’s Signature**:

日期Date:

盖章Stamp

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**考勤情况（由带教教师纪录）**

Attendance Record (to be filled in by supervisor)

病假 事假 迟到 早退

Sick leave Leave of absence Being late Early Leave

Number:

**4. PEDIATRICS**

**实习病种记录表（儿科学）**

**Record of Diseases (Pediatrics)**

|  |
| --- |
| **基本掌握的疾病名称Diseases to be mastered Supervisor’s signature** |
| 上呼吸道感染Acute upper respiratory infection |
| 支气管炎Bronchitis |
| 肺炎Pneumonia |
| 维生素D缺乏性佝偻病Vitamin D deficiency rickets |
| 婴幼儿腹泻Infantile diarrhea |
| 急性肾小球肾炎Acute glomerulonephritis |
| 儿科常见出疹性疾病Common rash diseases in pediatrics |
| 惊厥 Convulsion |
| 新生儿窒息Asphyxia of newborn |
| 新生儿黄疸Jaundice of the newborn |
| 先天性心脏病Congenital heart disease |

|  |
| --- |
| **一般了解的疾病名称Diseases to be understood Supervisor’s signature** |
| 支气管哮喘Bronchial asthma |
| 营养不良Malnutrition |
| 口腔炎Stomatitis |
| 泌尿系感染Urinary tract infections |
| 风湿热Rheumatic fever |
| 婴幼儿手足搐搦症Infantile tetany |
| 营养性缺铁性贫血Nutritional iron deficiency anemia |
| 川崎病Kawasaki disease |

**实习操作技能记录表（儿科学）**

**Record of Clinical Skills (Pediatrics)**

|  |
| --- |
| **基本掌握诊疗操作名称Procedures to be mastered Supervisor’s signature** |
| 门诊病历书写Clinical medical history writing |
| 儿科查体Physical examination of children |
| 静脉穿刺Venipuncture |
| 肌肉注射Intramuscular infection |
| 心电图Electrocardiogram |
| 小儿用药剂量计算Calculation of children’s medication dosage |
| 微量血糖测定Measurement of blood glucose |

|  |
| --- |
| **一般了解诊疗操作名称Procedures to be understood Supervisor’s signature** |
| 骨穿 Bone marrow puncture |
| 腰穿Lumbar puncture |
| 皮下注射Subcutaneous injection |
| 皮内注射Intradermic injection |
| 股静脉取血Femoral vein puncture |

**儿科学 Pediatrics**

**实习医院名称Name of Teaching Hospital:**

**实习时间Internship duration 自From (yyyy/mm/dd)\_\_\_\_\_\_\_\_\_\_\_\_至to (yyyy/mm/dd)\_\_\_\_\_\_\_\_\_\_\_\_**

**实习小结：Internship Report**

年Y / 月M / 日D

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **实习成绩考核记录** | | | | | |
| **Intern Performance Record (Pediatrics)** | | | | | |
| 考核项目 | 要求 | 标准 | 扣分标准 Evaluation criteria | 得分 | 教师签字 |
| Item | Requirements | Standard | Mark | Signature |
| 病历书写 | 字迹清楚 语言通顺 层次分明 重点突出 | 10 | 语言不通扣1-5分;层次不分,重点不突出扣1-5分.  Fluency:1-5;  Ability to make key points clear:1-5 |  |  |
| Writing medical records | Fluency,  Clear key points |
| 查体 | 姿势正确 顺序正规 手法熟练 完整准确 | 15 | 姿势不正规扣1-5分;无顺序,手法不熟练扣1-5分;有遗漏不准确扣1-5分.  Posture:1-5;  Procedure:1-5;  Accuracy:1-5 |  |  |
| Physical examination | Proper postures, Right procedures, Skillful performance |
| 病历分析 | 表达清楚 分析有序 抓住重点 诊断处理正确 | 15 | 表达分析层次不清扣1-5分;抓不住重点扣1-5分;诊断处理欠正确扣1-5分.  Clear and logical analysis:1-5; Right diagnosis:1-5;  Correct treatment plan: 1-5 |  |  |
| Analyzing medical records | Clear expression, Logical analysis, Proper diagnosis Treatment plan |
| 临床基本 技能操作 | 熟练准确 正规迅速 | 15 | 不熟练扣1-5分;欠准确或不准确扣1-5分;不迅速扣1-5分.  Proficiency: 1-5; Accuracy: 1-5;  Speed: 1-5 |  |  |
| Basic clinical skills | Accurate, skilled and fast |
| 口试 | 回答正确 概念清楚 表达有条理 | 15 | 回答不正确扣1-5分;概念不清楚扣1-5分;表达能力差扣1-5分.  Correctness: 1-5;  Understanding ability:1-5;  Logical expression:1-5 |  |  |
| Oral tests | Correct answers, clear understanding of concepts, logical expression |
| 职业道德 | 尊敬老师 爱护患者 文明礼貌 遵守纪律 | 15 | 不尊敬教师扣1-5分;对病人不关心不爱护扣1-5分；不遵守纪律不文明礼貌扣1-5分.  Attitude towards supervisors;1-5;  Attitude towards patients:1-5; Discipline and manners:1-5 |  |  |
| Ethics | Respect towards medical staff, care for patients, good manners  good discipline |
| **Total Marks:** | | | | | |

**教研室主任签字 Signature of Director: 盖章Stamp**

**科室意见Supervisor’s Comments**

**主任签字Supervisor’s Signature**:

日期Date:  
 盖章Stamp

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**考勤情况（由带教教师纪录）**

Attendance Record (to be filled in by supervisor)

病假 事假 迟到 早退

Sick leave Leave of absence Being late Early Leave

Number:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**5. Neural Medicine**

**实习病种记录表（神经内科学）**

**Record of Diseases (Neural Medicine)**

|  |
| --- |
| **基本掌握的疾病名称Diseases to be mastered Supervisor’s signature** |
| 颈内动脉系统TIA of the internal carotid artery system |
| 椎-基底动脉系统TIA of the vertebral-basilar artery system |
| 大脑中动脉的皮层支梗塞Cortical branch infarction of the middle cerebral artery |
| 大脑中动脉深穿支梗塞Penetrating branch infarction of the middle cerebral artery |
| 椎-基底动脉血栓形成Thrombosis formation of the vertebral-basilar artery |
| 大脑后动脉血栓形成Thrombosis formation of the posterior cerebral artery |
| 小脑梗死Cerebellar infarction |
| 脑栓塞Cerebral embolism |
| 脑出血Cerebral hemorrhage |
| 脑血管病性痴呆Cerebral vascular dementia |
| 急性脊髓炎Acute myelitis |
| 病毒性脑炎（单纯疱疹性脑炎Viral encephalitis (herpes simplex encephalitis) |
| 帕金森病Parkinson’s disease |
| 脱髓鞘病Demyelinating disease |
| 重症肌无力Myasthenia gravis |
| 急性感染性多发性神经根炎Actue infectious polyradiculoneuritis |
| 肌萎缩侧索硬化Amyotrophic lateral sclerosis |
| 颈内动脉系统TIA of the internal carotid artery system |

|  |
| --- |
| **一般了解的疾病名称Diseases to be understood Supervisor’s signature** |
| 癫痫持续状态Status epilepticus |
| 面神经炎Facial neuritis |
| Alzheimer’s disease |
| 偏头痛Migraine |
| 紧张性头痛Tension headache |
| 蛛网膜下腔出血Subarachnoid hemorrhage |
| 癫痫大发作Epilepsia gravior |
| 颞叶癫痫Temporal lobe epilepsy |
| 癫痫持续状态Status epilepticus |

**实习操作技能记录表（神经内科）**

**Record of Clinical Skills (Neural Medicine)**

|  |
| --- |
| **基本掌握诊疗操作名称Procedures to be mastered Supervisor’s signature** |
| 病历书写Medical history writing |
| 神经系统查体Examination of the nervous system |
| 脊髓MRI阅片Reading spinal MRI |
| 头颅CT或MRI阅片Reading head CT or MRI |
| 腰穿Spinal puncture |

|  |
| --- |
| **一般了解诊疗操作名称Procedures to be understood Supervisor’s signature** |
| 脑电图Electroencephalography |
| 肌电图Electromyography |
| 诱发电位Evoked potential |
| 经颅多普勒超声血流图Transcranial doppler |
| 气管切开的护理和呼吸机使用方法Incision of the trachea and the use of respirator |

**神经科学Neural Medicine**

**实习医院名称Name of Teaching Hospital:**

**实习时间Internship duration 自From (yyyy/mm/dd)\_\_\_\_\_\_\_\_\_\_\_\_至to (yyyy/mm/dd)\_\_\_\_\_\_\_\_\_\_\_\_**

**实习小结：Internship Report**

年Y / 月M / 日D

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **实习成绩考核记录** | | | | | |
| **Intern Performance Record (Neural Medicine)** | | | | | |
| 考核项目 | 要求 | 标准 | 扣分标准 Evaluation criteria | 得分 | 教师签字 |
| Item | Requirements | Standard | Mark | Signature |
| 病历书写 | 字迹清楚 语言通顺 层次分明 重点突出 | 10 | 语言不通扣1-5分;层次不分,重点不突出扣1-5分.  Fluency:1-5;  Ability to make key points clear:1-5 |  |  |
| Writing medical records | Fluency,  Clear key points |
| 查体 | 姿势正确 顺序正规 手法熟练 完整准确 | 15 | 姿势不正规扣1-5分;无顺序,手法不熟练扣1-5分;有遗漏不准确扣1-5分. Posture:1-5;  Procedure:1-5;  Accuracy:1-5 |  |  |
| Physical examination | Proper postures, Right procedures, Skillful performance |
| 病历分析 | 表达清楚 分析有序 抓住重点 诊断处理正确 | 15 | 表达分析层次不清扣1-5分;抓不住重点扣1-5分;诊断处理欠正确扣1-5分.  Clear and logical analysis:1-5; Right diagnosis:1-5;  Correct treatment plan: 1-5 |  |  |
| Analyzing medical records | Clear expression, Logical analysis, Proper diagnosis Treatment plan |
| 临床基本 技能操作 | 熟练准确 正规迅速 | 15 | 不熟练扣1-5分;欠准确或不准确扣1-5分;不迅速扣1-5分.  Proficiency: 1-5; Accuracy: 1-5;  Speed: 1-5 |  |  |
| Basic clinical skills | Accurate, skilled and fast |
| 口试 | 回答正确 概念清楚 表达有条理 | 15 | 回答不正确扣1-5分;概念不清楚扣1-5分;表达能力差扣1-5分.  Correctness: 1-5;  Understanding ability:1-5;  Logical expression:1-5 |  |  |
| Oral tests | Correct answers, clear understanding of concepts, logical expression |
| 职业道德 | 尊敬老师 爱护患者 文明礼貌 遵守纪律 | 15 | 不尊敬教师扣1-5分;对病人不关心不爱护扣1-5分；不遵守纪律不文明礼貌扣1-5分.  Attitude towards supervisors;1-5;  Attitude towards patients:1-5; Discipline and manners:1-5 |  |  |
| Ethics | Respect towards medical staff, care for patients, good manners  good discipline |
| **Total Marks:** | | | | | |

**教研室主任签字 Signature of Supervisor: 盖章Stamp**

**科室意见Supervisor’s Comments**

**主任签字Supervisor’s Signature**:

日期Date:

盖章Stamp

**考勤情况（由带教教师纪录）**

Attendance Record (to be filled in by supervisor)

病假 事假 迟到 早退

Sick leave Leave of absence Being late Early Leave

Number:

**6. GENERAL PRACTICE**

**实习病种记录表（全科医学）**

**Record of Diseases (****General practice)**

|  |
| --- |
| **基本掌握疾病 Diseases to be mastered Supervisor’s signature** |
| 病毒性上呼吸道感染 Upper respiratory viral infections |
| 慢性阻塞性肺病 Chronic obstructive pulmonary diseases |
| 肺气肿Pulmonary emphysema |
| 哮喘 Asthma |
| 肺癌 Lung cancer |
| 糖尿病Diabetes mellitus |
| 高血压 Hypertension |
| 冠心病 Coronary heart disease |
| 脑卒中Stroke |

**实习操作技能记录（全科医学）**

**Record of Clinical Skills (General practice)**

|  |
| --- |
| **基本掌握 Procedures to be mastered Supervisor’s signature** |
| 全科接诊流程General practice procedures |
| 病历书写(SOAP病历)General practice health records |
| 系统查体Systematic physical examination |
|  |

**全科医学General Practice**

**实习医院名称Name of Teaching Hospital:**

**实习时间Internship Duration 自From (yyyy/mm/dd)\_\_\_\_\_\_\_\_\_\_\_ 至to (yyyy/mm/dd)\_\_\_\_\_\_\_\_\_\_\_\_**

**实习小结：Internship Report**

年Y / 月M / 日D

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **实习成绩考核记录** | | | | | |
| **Intern Performance Record (Neural Medicine)** | | | | | |
| 考核项目 | 要求 | 标准 | 扣分标准 Evaluation criteria | 得分 | 教师签字 |
| Item | Requirements | Standard | Mark | Signature |
| 病历书写 | 字迹清楚 语言通顺 层次分明 重点突出 | 10 | 语言不通扣1-5分;层次不分,重点不突出扣1-5分.  Fluency:1-5;  Ability to make key points clear:1-5 |  |  |
| Writing medical records | Fluency,  Clear key points |
| 查体 | 姿势正确 顺序正规 手法熟练 完整准确 | 15 | 姿势不正规扣1-5分;无顺序,手法不熟练扣1-5分;有遗漏不准确扣1-5分.  Posture:1-5;  Procedure:1-5;  Accuracy:1-5 |  |  |
| Physical examination | Proper postures, Right procedures, Skillful performance |
| 病历分析 | 表达清楚 分析有序 抓住重点 诊断处理正确 | 15 | 表达分析层次不清扣1-5分;抓不住重点扣1-5分;诊断处理欠正确扣1-5分.  Clear and logical analysis:1-5; Right diagnosis:1-5;  Correct treatment plan: 1-5 |  |  |
| Analyzing medical records | Clear expression, Logical analysis, Proper diagnosis Treatment plan |
| 临床基本 技能操作 | 熟练准确 正规迅速 | 15 | 不熟练扣1-5分;欠准确或不准确扣1-5分;不迅速扣1-5分.  Proficiency: 1-5; Accuracy: 1-5;  Speed: 1-5 |  |  |
| Basic clinical skills | Accurate, skilled and fast |
| 口试 | 回答正确 概念清楚 表达有条理 | 15 | 回答不正确扣1-5分;概念不清楚扣1-5分;表达能力差扣1-5分.  Correctness: 1-5;  Understanding ability:1-5;  Logical expression:1-5 |  |  |
| Oral tests | Correct answers, clear understanding of concepts, logical expression |
| 职业道德 | 尊敬老师 爱护患者 文明礼貌 遵守纪律 | 15 | 不尊敬教师扣1-5分;对病人不关心不爱护扣1-5分；不遵守纪律不文明礼貌扣1-5分.  Attitude towards supervisors;1-5;  Attitude towards patients:1-5; Discipline and manners:1-5 |  |  |
| Ethics | Respect towards medical staff, care for patients, good manners  good discipline |
| **Total Marks:** | | | | | |

**教研室主任签字 Signature of Supervisor: 盖章Stamp**

**科室意见Supervisor’s Comments**

**主任签字Supervisor’s Signature**:

日期Date:

盖章Stamp

**考勤情况（由带教教师纪录）**

Attendance Record (to be filled in by supervisor)

病假 事假 迟到 早退

Sick leave Leave of absence Being late Early Leave

Number:

**留学生实习大纲**

**Practice Outline for Internship**



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**内科实习大纲**

**一、实习时间与安排**

根据实习大纲的安排，内科实习共16周。轮转5个科室。

1. **实习内容**

**呼吸内科**

一、病种

（一）掌握以下疾病的病因、发病机制、临床表现、诊断与治疗。

慢性阻塞性肺病 Chronic obstructive pulmonary diseases、肺气肿及肺心病Pulmonary emphysema & pulmonale、肺炎 Pneumonia、胸膜炎 Pleuritis。

（二）了解以下疾病的病因、发病机制、临床表现、诊断与治疗。

支气管扩张 Bronchiectasis、肺化脓症 Lung suppuration、肺癌 Lung cancer、院内感染 Nosocomial infectious disease、病毒性上呼吸道感染 Upper respiratory viral infections、肺栓塞症 Pulmonary embolism、败血症 Hematosepsis 。

二、诊疗技术

掌握：病历书写 Medical history writing、 系统查体 Systematic physical examination、X 系统阅片及报告书写X-ray Interpretation of X-ray and report writing、胸穿 Thoracocentesi、动脉血气分析(取血）Arterial blood gas analysis (arterial blood)、给氧 Oxygen administration。

了解：气管内窥镜 Bronchoscope、皮内注射Intradermic injection、吸痰 Sputum collction。

**循环内科**

一、病种

（一）掌握以下疾病的病因、发病机制、临床表现、诊断与治疗。

急性左心衰Acute left heart failure、慢性心功能不全 Chronic heart failure、高血压Hypertension、冠心病 Coronary heart disease、心律失常 Arrhythmia、心脏瓣膜病 Valvular heart disease、感染性心内膜炎 Infective endocarditis。

（二）了解以下疾病的病因、发病机制、临床表现、诊断与治疗。

心肌炎Myocarditis、心包炎 Pericarditis、心肌病Cardiomyopathy、败血症 Hematosepsis。

二、诊疗技术

掌握：病历书写 Medical history writing、 系统查体 Systematic physical examination、心电图 EKG、心肺复苏Cardio-pulmonary resuscitation。

了解：介入治疗 Interventional therapy。

**消化内科**

一、病种

（一）掌握以下疾病的病因、发病机制、临床表现、诊断与治疗。

消化性溃疡 Peptic ulcer、肝硬化及并发症 Liver cirrhosis & complications 、消化道出血 Digestive tract bleeding 、炎性肠病Inflammatory bowel disease、细菌性痢疾 Bacillary dysentery 、胃癌Gastric cancer、大肠癌 [Large intestine cancer](https://fanyi.so.com/" \l "large%20intestine%20cancer" \t "_blank)。

（二）了解以下疾病的病因、发病机制、临床表现、诊断与治疗。

胃炎 Gastritis、胃食管返流症 Gastroesophageal reflux disease (GERD) 、肝癌 Hepatocellular carcinoma、肠结核 Intestinal tuberculosis、黄疸鉴别 Differentiation of jaundice、病毒性肝炎 Viral hepatitis、一氧化碳中毒 Carbon monoxide poisoning、有机磷中毒 Organophosphate poisoning、败血症 Hematosepsis。

二、诊疗技术

掌握：病历书写 Medical history writing、 系统查体 Systematic physical examination、腹穿 Abdominal paracentesis。

了解：洗胃 Gastrolavage、胃镜 Gastroscope。

**内分泌血液内科**

一、病种

（一）掌握以下疾病的病因、发病机制、临床表现、诊断与治疗。

缺铁性贫血 Iron deficiency anemia、再生障碍性贫血 Aplastic anemia、白血病 Leukemia、甲亢 Hyperthyroidism、糖尿病 Diabetes mellitus。

（二）了解以下疾病的病因、发病机制、临床表现、诊断与治疗。

血小板减少性紫癜 Thrombocytopenic purpura、甲状腺功能低下Hypothyroidism、库欣综合症 Cushing syndrome、败血症 Hematosepsis。

二、诊疗技术

掌握：病历书写 Medical history writing、系统查体 Systematic physical examination、骨穿Bone marrow puncture、肌肉注射Intramuscular injection。

了解：皮下注射 Subcutaneous injection。

**肾病风湿科**

一、病种

（一）掌握以下疾病的病因、发病机制、临床表现、诊断与治疗。

尿路感染（肾盂肾炎）Inflammatory bowel disease &pyelonephritis、慢性肾功能不全 Chronic renal failure、肾病综合征 Nephrotic syndrome、系统性红斑狼疮 Systemic lupus erythematosus、 类风湿性关节炎 Atrophic arthritis。

（二）了解以下疾病的病因、发病机制、 临床表现、诊断与治疗。

肾小球肾炎Glomerulonephritis、脊柱关节炎 Vertebral column arthrositis、成人 Still’s 病 Adult Still’s disease、败血症 Hematosepsis。

二、诊疗技术

掌握：病历书写 Medical history writing、系统查体 Systematic physical examination、静脉穿刺 Intravenous injection。

了解：导尿 Urethral catheterization。

1. **实习要求**
2. 实习生在病房实习时，每生经管病床4-6张，在上级医师指导下，完成病房各项医疗工作。
3. 书写完整病历1份。
4. 在上级医师查房时进行汇报，上级医师有责任进行提问并加以修正、补充。
5. 值班时参加内科各种急诊处理、接收病人等。
6. 每月参加教学查房一次，病例讨论一次。
7. 参加科内的各种学术活动。

**四、实习考核**

出科考核包括理论考试和临床基本技能操作，通过后方可进入下一科实习。

**外科实习大纲**

**一、实习时间与安排**

根据实习大纲的安排，外科实习共16周。轮转5个外科科室。

**二、实习内容**

（一）病种

掌握以下疾病的病因、发病机制、临床表现、诊断与治疗。

水、电解质代谢紊乱和酸碱平衡失调Water and electrolyte metabolism disorder and acid-base balance disorder、输血Blood transfusion、外科休克Surgical shock、麻醉前处理Evaluation before anesthesia、麻醉前对病人的用药Administration of drugs before anesthesia、局部麻醉Local anesthesia、椎管内麻醉Intravertebral anesthesia、疼痛治疗Pain management、围术期处理Perioperative management、外科病人代谢及营养Metabolism and nutrition of surgical patients、外科感染Surgical infection、一般外伤Common trauma、肿瘤Tumor、颅内压增高和脑疝Increased intracranial pressure and cerebral hernia、颅内和椎管内肿瘤Intracranial and intraspinal tumors、

甲状腺疾病Diseases of thyroid gland、乳腺疾病Diseases of the breast、胸外伤Chest trauma、胸壁胸膜疾病Chest wall pleural disease、心肺疾病Cardiopulmonary disease、食管疾病Esophageal diseases、腹外疝Abdominal hernia、急性化脓性腹膜炎Acute pyogenic peritonitis、胃、十二指肠溃疡并发症Complications of peptic ulcer、肠梗阻Intestinal obstruction、阑尾炎Appendicitis、胆囊结石、胆囊炎Cholecystitis & cholecystolithiasis、胰腺疾病Diseases of the pancreas、原发性下肢静脉曲张Varicose vein of the lower extremity、肝胆疾病Liver disease、急腹症Acute abdominal pain、泌尿系感染Infection of the urinary system、前列腺炎Prostatitis、泌尿系结石Urinary system calculus、尿路梗阻Urinary tract obstruction、常见骨折、脱位Common fracture and dislocation、腰椎间盘突出症Lumbar protrusion、运动系统慢性损伤Chronic injury to the sports system、颈腰椎退行性疾病Degenerative diseases of the cervical and lumbar spine、骨与关节化脓性感染Suppurative infection of bone and joint、骨与关节结核Tuberculosis of bone and joint、骨肿瘤Bone tumors。

了解以下疾病的病因、发病机制、临床表现、诊断与治疗。

全身外科感染General surgical infection、胆管结石、胆管炎Calculus of bile duct & cholangitis、胆管结石、胆管炎Diseases of the anus、腹部闭合性损伤Abdominal closed injury、胃癌Gastric carcinoma、肝癌Hepatic carcinoma、结、直肠癌 Colorectal carcinoma、下肢动脉硬化闭塞症Arteriosclerosis obliterans of the lower extremity、深静脉血栓形成Deep vein thrombosis、门脉高压症Portal hypertension、关节结核Tuberculosis of the joint、泌尿系损伤Injury of the urinary system、附睾炎Epididymitis、急性肾衰Acute renal failure、颈肩痛、腰腿痛Cervix and shoulder pain & low back pain、脊柱结核Tuberculosis of the spinal column。

（二）诊疗技术

掌握：病历书写Medical history writing、外科查体Surgical examination、刷手戴手套穿手术衣Scrubbing, putting on gloves and gown、消毒皮肤Skin disinfection、铺消毒单Sterile drape of the operative site、直肠指诊Digital rectal examination、切皮Incision、止血Haemostasis、缝合Suture、打结Knot tying、胃肠减压Nasogastric suction、换药Dressing change、拆线Suture removal、导尿Urethral catheterization、参加麻醉例数Participation in anesthesia、麻醉记录单书写Anesthesia record writing。

了解：透光试验Transillumination testing、阅片X-ray interpretation、局麻Local anesthesia、伤口引流Wound drainage、伤口包扎Wound dressing、静脉切开Venipunture、皮肤牵引 骨牵引Skin traction and bone traction、夹板Splint、石膏绷带Plaster bandage、灌肠Enemas、搬运病人Transporting patients、全麻General anesthesia、腰麻Spinal anesthesia、气管内插管Endotracheal intubation、全麻、椎管内麻醉Intervertebral anesthesia。

**三、实习要求**

1. 实习生在病房实习时，每生经管病床4-6张，在上级医师指导下，完成病房各项医疗工作。
2. 书写完整病历1份。
3. 在上级医师查房时进行汇报，上级医师有责任进行提问并加以修正、补充。
4. 值班时参加外科各种急诊处理、接收病人等。
5. 每月参加教学查房一次，病例讨论一次。
6. 参加科内的各种学术活动。

**四、实习考核**

出科考核包括理论考试和临床基本技能操作，通过后方可进入下一科实习。

**妇产科实习大纲**

**一、实习时间与安排**

根据实习大纲的安排，妇产科实习共6周。

**二、实习内容**

（一）病种

掌握以下疾病的病因、发病机制、临床表现、诊断与治疗。

正常分娩各产程的临床观察及处理Normallabor 、前置胎盘 placenta previa胎盘早剥 placental abruption 、产后出血 Postpartum hemorrhage 、妊娠期高血压疾病 Pregnancy-induced hypertension syndrome 、妊娠诊断 Diagnosis of pregnancy 、自然流产 Spontaneous abortion 、异位妊娠ectopic pregnancy、外阴及阴道炎症 vulvovaginitis、子宫颈炎 cervicitis、子宫内膜异位疾病 endometriosis and adenomyosis、子宫内膜癌 endometrial carcinoma、宫颈肿瘤 Cervical tumor、子宫肿瘤 Uterine tumor 、卵巢肿瘤 Ovarian tumor。

了解以下疾病的病因、发病机制、临床表现、诊断与治疗。

妊娠合并内科疾病Medical internal complication of pregnancy、胎儿窘迫Fetal distress、异常子宫出血 abnormal uterine bleeding、妊娠滋养细胞疾病Trophoblastic disease。

（二）诊疗技术

掌握：病历书写Medical history writing、妇科查体Gynecological examination、产科查体Obstetric examination、宫颈刮片Cytologibal examination of the cervix、滴虫、霉菌检查Examination of pathogens、胎心监测Fetal heart rate monitoring。

了解：顺产接生Spontaneous delivery、剖宫产Cesarean section、上环Placement of UID、取环Removal of UID、吸宫Artificial abortion。

**三、实习要求**

1. 实习生在病房实习时，每生经管病床4-6张，在上级医师指导下，完成病房各项医疗工作。
2. 书写完整病历1份。
3. 在上级医师查房时进行汇报，上级医师有责任进行提问并加以修正、补充。
4. 值班时参加妇产科各种急诊处理、接收病人等。
5. 每月参加教学查房一次，病例讨论一次。
6. 参加科内的各种学术活动。

**四、实习考核**

出科考核包括理论考试和临床基本技能操作，通过后方可进入下一科实习。

**儿科实习大纲**

**一、实习时间与安排**

根据实习大纲的安排，儿科实习共6周。

**二、实习内容**

（一）病种

掌握以下疾病的病因、发病机制、临床表现、诊断与治疗。

上呼吸道感染Acute upper respiratory infection、支气管炎Bronchitis、肺炎Pneumonia、维生素D缺乏性佝偻病Vitamin D deficiency rickets、婴幼儿腹泻Infantile diarrhea、急性肾小球肾炎Acute glomerulonephritis、儿科常见出疹性疾病Common rash diseases in pediatrics、惊厥 Convulsion、新生儿窒息Asphyxia of newborn、新生儿黄疸Jaundice of the newborn、先天性心脏病Congenital heart disease。

了解以下疾病的病因、发病机制、临床表现、诊断与治疗。

支气管哮喘Bronchial asthma、营养不良Malnutrition、口腔炎Stomatitis、泌尿系感染Urinary tract infections、风湿热Rheumatic fever、婴幼儿手足搐搦症Infantile tetany、营养性缺铁性贫血Nutritional iron deficiency anemia、川崎病Kawasaki disease。

（二）诊疗技术

掌握：门诊病历书写Clinical medical history writing、儿科查体Physical examination of children、生长发育测量 Measuring growth index、婴儿配奶 Infant milk preparation、小儿用药剂量计算Calculation of children’s medication dosage、儿科血常规化验单的解读 Interpretation of blood routine test sheet in Pediatrics。

了解：骨穿 Bone marrow puncture、腰穿Lumbar puncture、液体疗法 Fluid therapy。

**三、实习要求**

1. 实习生在病房实习时，每生经管病床4-6张，在上级医师指导下，完成病房各项医疗工作。
2. 书写完整病历1份。
3. 在上级医师查房时进行汇报，上级医师有责任进行提问并加以修正、补充。
4. 值班时参加儿科各种急诊处理、接收病人等。
5. 每月参加教学查房一次，病例讨论一次。
6. 参加科内的各种学术活动。

**四、实习考核**

出科考核包括理论考试和临床基本技能操作，通过后方可进入下一科实习。

**神经内科实习大纲**

**一、实习时间与安排**

根据实习大纲的安排，神经内科实习共2周。

**二、实习内容**

（一）病种

掌握以下疾病的病因、发病机制、临床表现、诊断与治疗。

颈内动脉系统TIA of the internal carotid artery system、椎-基底动脉系统TIA of the vertebral-basilar artery system、大脑中动脉的皮层支梗塞Cortical branch infarction of the middle cerebral artery、大脑中动脉深穿支梗塞Penetrating branch infarction of the middle cerebral artery、椎-基底动脉血栓形成Thrombosis formation of the vertebral-basilar artery、大脑后动脉血栓形成Thrombosis formation of the posterior cerebral artery、小脑梗死Cerebellar infarction、脑栓塞Cerebral embolism、脑出血Cerebral hemorrhage、脑血管病性痴呆Cerebral vascular dementia、急性脊髓炎Acute myelitis、病毒性脑炎（单纯疱疹性脑炎Viral encephalitis (herpes simplex encephalitis)、帕金森病Parkinson’s disease、脱髓鞘病Demyelinating disease、重症肌无力Myasthenia gravis、急性感染性多发性神经根炎Actue infectious polyradiculoneuritis、肌萎缩侧索硬化Amyotrophic lateral sclerosis。

了解以下疾病的病因、发病机制、临床表现、诊断与治疗。

癫痫持续状态Status epilepticus、面神经炎Facial neuritis、Alzheimer’s disease、偏头痛Migraine、紧张性头痛Tension headache、蛛网膜下腔出血Subarachnoid hemorrhage、癫痫大发作Epilepsia gravior、颞叶癫痫Temporal lobe epilepsy。

（二）诊疗技术

掌握：病历书写Medical history writing、神经系统查体Examination of the nervous system、脊髓MRI阅片Reading spinal MRI、头颅CT或MRI阅片Reading head CT or MRI、腰穿Spinal puncture。

了解：脑电图Electroencephalography、肌电图Electromyography、诱发电位Evoked potential、气管切开的护理和呼吸机使用方法Incision of the trachea and the use of respirator。

**三、实习要求**

1. 实习生在病房实习时，每生经管病床4-6张，在上级医师指导下，完成病房各项医疗工作。
2. 书写完整病历1份。
3. 在上级医师查房时进行汇报，上级医师有责任进行提问并加以修正、补充。
4. 值班时参加神经内科各种急诊处理、接收病人等。
5. 每月参加教学查房一次，病例讨论一次。
6. 参加科内的各种学术活动。

**四、实习考核**

出科考核包括理论考试和临床基本技能操作，通过后方可进入下一科实习。

**全科实习大纲**

**一、实习时间与安排**

根据实习大纲的安排，全科实习共2周。

**二、实习内容**

（一）病种

掌握以下疾病的病因、发病机制、临床表现、诊断治疗、疾病管理及健康指导。

病毒性上呼吸道感染 Upper respiratory viral infections、慢性阻塞性肺病 Chronic obstructive pulmonary diseases、肺气肿Pulmonary emphysema、哮喘 Asthma 、肺癌 Lung cancer、糖尿病Diabetes mellitus、高血压 Hypertension、冠心病 Coronary heart disease、脑卒中Stroke。

1. 诊疗技术

掌握：全科接诊流程General practice procedures、病历书写(SOAP病历)General practice health records、系统查体Systematic physical examination。

**三、实习要求**

1. 实习生在病房实习时，在上级医师指导下，完成病房各项医疗工作。
2. 书写完整SOAP病历1份。
3. 在上级医师查房时进行汇报，上级医师有责任进行提问并加以修正、补充。
4. 每月参加教学查房一次，病例讨论一次。
5. 参加科内的各种学术活动。

**四、实习考核**

出科考核包括理论考试和临床基本技能操作，通过后方可进入下一科实习。